

AFO Foot Drop

The ISO Preferred AFO Foot Drop is a plastic ankle foot orthosis devised as a stable and lightweight solution for individuals with mild to moderate foot drop that is secondary to Cerebrovascular accident (CVA) or peroneal nerve palsy. The AFO Foot Drop features an ergonomic design that wraps and fastens around the calf shin with a posterior framework and a front foot plate that can be easily trimmed for a custom fit. The ergonomic design supports the foot in the proper position providing daily walking correction protection and conveniently fits any laced shoe.



ISO Preferred AFO Foot Drop (AN38xx) is intended for Mild to moderate foot drop, Peroneal nerve damage, Post-Operative Achilles Tendon Healing.

Preparation:

1. You may need to trim the foot pad to allow insertion into laced footwear.
 - a. Loosen the calf shin strap and start by placing your injured foot in the AFO Foot Drop ensuring that the posterior framework makes complete contact with your heel and the back of your leg.
 - b. Using a marking pen, outline around the toes.
 - c. Next, cut with scissors along the outline and finish by smoothing the edges with sandpaper.
 - d. Alternately, you may measure correct length by removing insole of a laced shoe and using as a template to determine correct length.

Application:

2. Loosen the calf shin strap and position your foot inside the AFO Foot Drop. Make sure your heel and the back of your leg make complete contact with the posterior framework.
3. Wrap the calf shin strap around your leg and secure it with the advanced gripping material. The strap should fit snugly. **DO NOT OVERTIGHTEN.**
4. Finish by applying any type of laced shoe.

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INTRODUCTION

Your **ISO Preferred AFO Foot Drop (AN38xx)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred AFO Foot Drop (AN38xx)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred AFO Foot Drop (AN38xx)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Remove the straps when applicable.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred AFO Foot Drop (AN38xx)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**