

## Dorsal Night Splint

The ISO Preferred Dorsal Night Splint is a foot drop splint, recumbent positioning device designed to hold the foot in an upright position, close to a 90-degree angle, while sleeping, for a gentle steady stretch to the Plantar fascia, Achille's tendon and Calf muscle. The ISO-AN39x provides strong support and pain relief throughout the night. The lightweight, low profile open heel style produces less heat retention during the night. An air bladder located on the top of the foot adds to the patient's comfort. The splint can be worn with or without a sock and fits the right or left foot. The adjustable advanced hook and loop system secures the calf and foot straps, is easy to use and results in an optimum fit.



ISO Preferred Dorsal Night Splint (AN39x) is intended for Plantar fasciitis, Drop foot, Achilles' tendonitis, Heel pain, Arch foot pain.

### Application:

1. Unfasten and disengage foot and calf straps.
2. Slide foot through the elastic foot strap and position strap over ball of foot.
3. Fasten foot straps by wrapping around and securing with the adjustable advanced hook & loop system on each side of the elastic foot strap.
4. Finish by firmly wrapping the calf strap around the back of the leg and securing the strap.



Check for adequate circulation. Readjust foot and calf straps as needed for a secure and comfortable fit. **DO NOT OVERTIGHTEN.**



## INTRODUCTION

Your **ISO Preferred Dorsal Night Splint (AN39x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at [www.ISOpreferred.com](http://www.ISOpreferred.com) so that this device can provide you with superior long-term usability and care.

## USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Dorsal Night Splint (AN39x)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

## CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Dorsal Night Splint (AN39x)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

## CAUTION

The **ISO Preferred Dorsal Night Splint (AN39x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**