OA Post-Op Dual ROM Knee Brace

The **ISO Preferred OA Post-Op Dual ROM Knee Brace** provides transition support and reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your orthopedic professional's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

ISO Preferred OA Post-Op Dual ROM Knee Brace (KN340) is intended to provide post-operative knee immobilization for various conditions including Tears of cartilage or meniscus of knee, Injuries of the collateral ligaments, Chondromalacia, Internal derangement of the knee, Loose body in the knee, Old disruption of the anterior cruciate ligament, Sprains and strains of the knee.

1. Begin by loosening the gripping material on each closure strap on the exterior frame of the brace. Using the telescoping mechanism on the outer frame, adjust the thigh and calf length so that the height is appropriate for the patient.

2. Open all straps and place brace on knee with hinge positioned at the knee joint. Ensure the hinges and cushions are properly placed on either side of the leg by adjusting the opening of each strap on the back side of the brace. Verify length and adjust thigh and calf telescoping length as needed.

3. Starting at the middle closure straps just above and just below the knee, wrap these 2 straps around lower thigh and upper calf until secure and knee is aligned at the hinges on either side of the brace.

4. Fasten topmost and bottom strap. Re-adjust all straps so that the frame fits snug around the leg and the hinges are properly aligned with the knee. **DO NOT OVERTIGHTEN**.

INTRODUCTION

Your **ISO Preferred OA Post-Op Dual ROM Knee Brace (KN340)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred OA Post-Op Dual ROM Knee Brace (KN340).** The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean **ISO Preferred OA Post-Op Dual ROM Knee Brace (KN340)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.

- Remove the pads and straps for hand washing. Wipe the metal brace and hinges with damp cloth.

- Hand wash pads and straps in cold water with a mild detergent. Lay flat to air dry. Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred OA Post-Op Dual ROM Knee Brace (KN340)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**