

Elbow Reinforcement w/o Joints

The **ISO Preferred Elbow Reinforcement w/o Joints** is a rigid elbow orthosis without joints and is designed to keep the elbow in an approximately straight position. This position keeps the ulnar nerve relaxed where it is not in compression/tension. The brace is universal size and fits on both left and right elbows. It is generally used at bedtime, but can be worn at any time. The brace helps reduce the time it takes to heal discomfort from injuries or post-surgery. Please follow your orthopedic professional's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.



ISO Preferred Elbow Reinforcement w/o Joints (EL210) is intended for Cubital tunnel syndrome, Compression of the ulnar nerve, Post-op application, Post-cast removal, Tennis elbow, Golfer's elbow, and Other elbow instabilities.

1. Feed the upper closure strap through the plastic brackets located on the front of the brace and loosely fasten each end strap. Continue using the same procedure for the lower closure strap.
2. Slide the brace on the injured arm through the top and bottom loosely fastened straps. Position the brace with the bend in the malleable stays centered over the elbow crease.
3. Adjust the upper strap at each side making sure the strap is secure.
4. Finish by securing the lower strap at each side. If the fit is too small or too large, or the malleable stays are not properly positioned, unfasten, adjust and refasten the straps as needed. **DO NOT OVERTIGHTEN.**





INTRODUCTION

Your **ISO Preferred Elbow Reinforcement w/o Joints (EL210)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Elbow Reinforcement w/o Joints (EL210)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Elbow Reinforcement w/o Joints (EL210)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred Elbow Reinforcement w/o Joints (EL210)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**