

Walking Boot I

The ISO Preferred Walking Boot I is a non-pneumatic foot and ankle brace designed to reduce the time it takes to heal discomfort from soft tissue injuries or post-surgery. The boot has a soft, cushioned inner liner and outer support uprights. The curved rocker bottom is constructed to promote a natural and normal gait. A closed heel provides additional foot protection. Models are universal left or right foot; sizes are S to XL. If additional padding is necessary to cover a sensitive area or a more secure fit, optional spacer pads are provided. Please follow your orthopedic professional's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.



ISO Preferred Walking Boot I (FT36x) is intended for Soft-tissue injuries, Stable foot or ankle fractures, post-operative use, Grade 2 and 3 sprains, Trauma and Rehab.

1. The boot has an inner liner and an outer support brace. With the boot liner inserted into the outer plastic support, unfurl all closure straps and tabs. Place the foot flat on the floor with the ankle at a 90-degree angle. Apply boot liner to the foot by inserting the foot, then wrapping the foot and ankle with the liner. Secure by adhering the fastener tabs.

Note: If additional padding is necessary to cover a sensitive area or for a more secure fit, you may use the provided spacer pads shown below.



Side A: Attach to Boot



Side B: Surrounds Foot

2. Ensure the inner and outer plastic uprights are centered along the medial and lateral sides of the lower leg.
3. Starting at the toe of the boot, fasten all three (3) straps so that they are snug and the foot feels secure in the boot. **DO NOT OVERTIGHTEN.**





INTRODUCTION

Your **ISO Preferred Walking Boot I (FT36x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Walking Boot I (FT36x)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Walking Boot I (FT36x)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred Walking Boot I (FT36x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**

SKU	SIZE	WOMEN'S SHOE SIZE	MEN'S SHOE SIZE
ISO-FT360	Small	6-9	4-7
ISO-FT361	Medium	9.5-12.5	7.5-10.5
ISO-FT362	Large	13-15	11-13
ISO-FT363	X-Large	15+	13+