Clavicle Strap I

The **ISO Preferred Clavicle Strap I** shoulder orthosis is a figure-of-eight design abduction restrainer intended for Clavicle (Collarbone) fractures, Grade II/III Acromioclavicular separations, Postural support and Weakness of the clavicle. The brace is designed using PP fabric construction with moisture-wicking abilities and has a comfortable pad on the back which features three (3) adjustable O-Rings allowing maximum adjustability of the shoulder straps and the brace height. The straps are secured in place by advanced hook & loop fastening material. The Clavicle Strap I is available in two sizes, S/M and L/XL to provide maximum comfort and proper immobilization for all day use.

> **ISO Preferred Clavicle Strap I (SH20x) is intended for Clavicle (Collarbone) fractures, Grade II/III Acromioclavicular separations, Postural support & Weakness of the clavicle.**

1. Start by loosening both shoulder straps for easier application. Place straps over each shoulder.

1

2. Adjust the brace height shorter or longer by making sure the rear support pad is centered over the spine. Fasten the strap, which has been fed through its O-Ring, by folding back onto itself and attached to gripping material.

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3. Next, pull both shoulder straps at the same time until the brace feels snug. Adjust the shoulder strap on the affected side until both shoulders are in a normal position and there is little movement. Finish by fastening each strap, which have been fed through their O-Ring by folding back onto itself and attach to gripping material.

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4. After each fastening strap has been affixed in place, adjust accordingly. **DO NOT OVERTIGHTEN.** When properly applied, the Clavicle Strap I should fit as shown in corresponding picture.

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INTRODUCTION

Your **ISO Preferred Clavicle Strap I (SH20x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Clavicle Strap I (SH20x).** The brace is intended for application by professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Clavicle Strap I (SH20x)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.

- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.

- Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred Clavicle Strap I (SH20x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**